



# Elderberry Institute eNews

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*Send Us Your Stories!! If your Program has a news update or story to share, please send an e-mail to [LMuenchow@elderberry.org](mailto:LMuenchow@elderberry.org)*

## *Network News*

### *Outstate Update: Willmar & Glenville*

The emerging Programs in Greater Minnesota are progressing nicely. Willmar Area Community Senior Network, which has recently signed a letter of intent with Elderberry Institute, is in the process of solidifying plans to sign a fiscal agent and move into and furnish an office in Willmar. Members of the steering committee are networking with local foundations, writing grant proposals, and recruiting volunteers to staff the office and help out elders with rides to congregational dining and doctors appointments.

In Glenville, a new Program—A.G.E. Group (Assisting Glenville's Elders) LAH/BNP has formed and meets regularly at "The Office", Glenville's main eating establishment. The steering committee is working hard on restarting Meals-on-Wheels service in Glenville, beginning in February. A.G.E. Group members have attended meetings at local churches, the American Legion, and other organizations, spreading the word about volunteer and contribution opportunities as well as connecting with elders in need of services.

### **Roseville Seniors LAH/BNP Closed for Services**

The Roseville Seniors Living at Home/Block Nurse Program has officially stopped providing services as of December 31, 2007. The Roseville Program opened in 2001 as one of two LAH/BNPs serving Suburban areas of the Twin Cities.

**\*\* Save the Date - 2008 Day at the Capitol \*\*  
Thursday, April 3 - More information to come!!**

## ***Elderberry News: 2008 CDS Enrollees***

The application process for Consumer Directed Services through Title III funds has been open as of January 1, 2008. Title III CDS funds are available through the Metropolitan Area Agency on Aging and Central Minnesota Council on Aging for CDS-Caregiver Support and CDS-Nutrition. They're available through the Arrowhead Area Agency on Aging for CDS-Memory Care. Funds are also available throughout the state for those consumers interested in trying out the Private Pay option.

So far in 2008 a total of three consumers are being served under MAAA CDS-Nutrition funds, two under MAAA CDS-Caregiver Support funds, one under CMCOA CDS-Caregiver Support funds and one under CMCOA CDS-Nutrition.

For more information on these and other CDS opportunities, please contact Eleni Messiou via e-mail at [EMessiou@elderberry.org](mailto:EMessiou@elderberry.org) or via telephone at 1-800-320-1707.

## ***Welcome to the Network!***

- Joan Blake - Administrative Assistant, *St. Anthony Park*

## ***Important Dates:***

- **Jan 25** - Quarterly Service Report (Qtr. 2) **ALL LAH/BNPs**
- **Jan 31** - Quarterly Financial Report (Qtr. 2) **Base-Funded LAH/BNPs**
- **Feb 15** - CS/SD Proposal to Area Agency on Aging
- **Feb 29** - CS/SD Application Deadline

**\*\*Make sure to check your county's website for the county deadline!\*\***

## **Success Story of the Month: "Anna"**

***Submitted By: Hamline Midway Elders LAH/BNP***

Anna\* first contacted the Hamline Midway Elders Program as her husband Carl\* was dying of bone cancer. Both Anna and Carl wanted the peace of mind of knowing how Anna would be able to stay social, and receive rides and support after Carl passed. None of Anna's attentive sons live in the area.

Our Service Director provided two home visits to Anna and Carl before he passed away. Within weeks of Carl's

death, Anna's sons had a Lifeline for her, per the recommendation of the LAH/BNP staff, and staff were regularly giving her rides to hair and doctors appointments, as well as social events. Within months, Anna had also established herself as an invaluable member of the monthly "luncheon team," volunteering each month to ensure hot coffee and place settings for 50.

Three years later, Anna (in her late

80s) still misses Carl, her husband of 50 years. Yet she expresses deep gratitude for the quality of life she maintains in their family home. She appreciates the give-and-take of volunteering, donating to, and receiving help from her local BNP, where she has made many friends.

\*Names have been changed to protect client privacy